Kinesio Tape Courses Presents: Clinical Concepts and Advanced Taping Methods (KT3)

INSTRUCTOR: Lori Robinson, OTR/L, CKTI

Lori received her degree in Occupational Therapy from Eastern Kentucky University. She has worked in a variety of settings including acute, subacute, comprehensive inpatient rehabilitation, outpatient hand therapy, and home health with orthopedic and neurologically involved patients. Since she began working with the Kinesio Taping Method, Lori has used it with a wide range of patients including those with total joint replacements, high/low tone from CVA or TBI, edema problems and multiple hand injuries/conditions. Lori developed and completed a research study on Kinesio Taping for TKR, and presented the results at the International Kinesio Taping Symposium in Tokyo, Japan in March 2004. Lori currently works at Fidelity Health Care, as the Rehab Supervisor. She enjoys being creative and finding new ways to use Kinesio Taping to benefit any patient population. Lori became a Certified Kinesio Taping Instructor in 1999 and was awarded the Certified Kinesio Taping Instructor of the Year in 2011. Lori recently attended the 2012 Olympics to represent the Kinesio Taping Association. While in London, she promoted Kinesio Taping to the US Olympic Medical Staff.

Location: First Place Christian Center 16 West Franklin St Troy OH 45373

DATE: Saturday February 21, 2015

KTA hosts seminars in facilities that are ADA accessible. Please let Kinesio Tape Courses know if you need any special accommodation.

Continuing Education Units: This course has been submitted for 8 hours to the Ohio PT, OT and AT boards. Approve numbers will be given at the conclusion of the day.

Please bring your own scissors and wear proper attire for taping (tank top & shorts)

KINESIO TAPING® AGENDA

8:00 KT 1 & 2 Review, Success Stories, Troubleshooting, Contraindications,

Precautions

9:20 Shoulder Impingement

9:50 Whiplash/Cervical Pain

10:20 Chondromalacia patella

10:50 Break

11:05 Intro to Kinesio Scar Tapings

11:50 Advanced Concept: Facial Correction/ Manual Glide

12:20 Advanced Concept: Basket Weave Technique

12:45 Lunch (on your own)

1:45 EDF: Epidermis Concept

2:35 EDF: Dermis Concept

2:45 EDF: Fascia Concept

2:55 Break

3:10 Clinical Applications/Lab 4-6 per the choice of class/instructor based on survey (Tension Headache, Core Instability, Posture, Thoracic Outlet Syndrome, Adhesive Capsulitis, DeQuervain's, Meniscus Injury, Patellar Tendonitis, Ankle sprain)

5:10 Further Kinesio Education, Glossary, Documentation, Q&A

5:30 Conclusion

Must have taken approved KT 1 & 2 prior to this course. Submit KT 1 & 2 course codes with registration.

COURSE OBJECTIVES

- Explain and Apply the concepts of the Kinesio Taping Method.
- Utilize and demonstrate application skills in guided laboratory sessions.
- Practice the various cutting techniques and their clinical application.
- Apply Kinesio Taping method to relax and stimulate muscles.
- Apply Kinesio Taping methods for pain, swelling, joint mobility and stability.
- Apply various taping techniques for treatment of the spine, and upper/ lower extremity dysfunction
- Apply various taping techniques for treatment of unique conditions using the concepts and principals of the Kinesio Taping Method.

Who Should Attend? PTs, OTs, ATCs, DCs, LACs, MTs, PTAs, OTAs and other medical practitioners. THIS COURSE IS INTENDED FOR LICENSED HEALTH CARE PRACTITIONERS ONLY

Seminar Fee: \$249; Early Bird (paid 30 days before KT3) \$225.00 Includes Full color manual, Kinesio Tex Tape for the course

Cancellation & Refunds: Up to 30 days prior to KT3, refund of fee, less 20% administrative fee. After 30 days, no refund, but course fee may be applied to another course presented by Kinesio Tape Courses. Not responsible for travel expenses.

Contact for Registration: Kinesio Tape Courses 1-937-875-0609

<u>Irobinson@kinesiotapecourses.com</u> www.kinesiotapecourses.com

KT 3 Registration Email: Phone: Company: _____ Preferred Mailing address: City, State Zip: Profession/License #: **Payment**: Make Checks payable to Kinesio Tape Courses. Mail to 528 Trade Square West Troy OH 45373 \$30 fee for insufficient funds Credit Card Circle one: Master Card Visa Early Bird \$225 (30 days in advance) Regular \$249.00 Name on Card: Card # ______ Expiration Date: _____ *CCV Code*: _____ Billing Zip Code:_____ KT 1 Course Code: _____

KT 2 Course Code:

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Troy Ohio

