

**KINESIO TAPING ASSESSMENTS, FUNDAMENTAL CONCEPTS And Techniques & Advanced Techniques and Clinical Reasoning
TROY OH Friday and Saturday September 25-26, 2020**

INSTRUCTOR Lori Robinson, OTR/L, CKTI

Lori received her degree in Occupational Therapy from Eastern Kentucky University. She has worked in a variety of settings with orthopedic and neurologically involved patients, Lori has used Kinesio Tape with a wide range of patients including those with total joint replacements, high/low tone from CVA or TBI, edema problems and multiple hand injuries/conditions. Lori developed and completed a research study on Kinesio Taping for TKR, and presented the results at the International Kinesio Taping Symposium in Tokyo, Japan in March 2004. Lori currently works at Fidelity Health Care, in home health. She enjoys being creative and finding new ways to use Kinesio Taping to benefit any patient population. Lori became a Certified Kinesio Taping Instructor in 1999 and was awarded the Certified Kinesio Taping Instructor of the Year in 2011. Lori attended the 2012 Olympics to represent the Kinesio Taping Association. While in London, she promoted Kinesio Taping to the US Olympic Medical Staff.

**Location: First Place Christian Center
16 W Franklin St Troy OH 45373**

Seminar Fee: Regular \$499

Early Bird (paid 30 days in advance) \$475.00

Call for group price of 4+

Includes Full color manual, 4 rolls of Kinesio Tape, 2 month membership to the Kinesio Taping Association

Continuing Education Units: This course has been applied for 16 hours by the Ohio PT, OT and AT boards. Approve numbers will be given at the conclusion of day 2.

7:30am	DAY 1 Sign In
8:00 - 10:00	Intro Kinesio Taping Concepts, Theory, History, Tape Qualities, Finger Demo, Precautions and Application Guidelines, Physiological Systems Affected, Convolutions Lab
10:00	Break
10:15 - 12:00	Tape Removal, Skin Stimulation Research, Kinesio Taping Assessments & Labs: Epidermis and Dermis
12:00	Lunch
1:00 - 3:00pm	Manual Direction Tests, Correction Labs: Fascia and Space
3:00	Break
3:15 - 5:20	Muscle Correction Theory and Labs, Kinesio Assessments and Labs: Longissimus Cervicus, and Scalenus Anterior
5:20 - 5:30	Q&A; Overview of Student Assessments on Day 2

7:30am	DAY 2 Sign In
8:00 - 10:00	Overnight Responses, Assessments and Labs: Pectoralis Major, Rhomboid Major, Rectus Abdominis,
10:00	Break
10:15 - 12:00	Kinesio Assessments and Labs: Gluteus Medius, Rectus Femoris; Q&A
12:00	Lunch
1:00 - 3:00pm	Kinesio Taping Corrective Techniques: Mechanical - shoulder, knee and ankle; Ligament,
3:00	Break
3:15 - 4:20	Kinesio Taping Corrective Techniques: Tendon, Functional and Circulatory/Lymphatic
4:20 - 5:30	Documentation, Research, Glossary Review, Student Assessments, Q and A

COURSE OBJECTIVES

- List 3 unique qualities of Kinesio Tex Tape.
- List 3 different physiological systems affected by Kinesio Tex Tape.
- List 3 contraindications and 3 precautions of using Kinesio Tex Tape.
- List best use for each type of Kinesio Tex Tape.
- Describe and demonstrate cutting different Kinesio Taping application tape shapes
- Describe one situation where it would be appropriate to use each different tape cut.
- Demonstrate one of the three methods of safely removing Kinesio Tex Tape from skin.
- Demonstrate appropriate use of Manual Direction Tests for tissue and muscle.
- Demonstrate use of Kinesio Screening Assessments to identify target tissue for treatment.
- Demonstrate proper application of Kinesio Epidermis, Dermis and Fascia Taping technique.
- Demonstrate proper application of corrective techniques: Fascia, Mechanical, Space, Functional, Lymphatic, Tendon, Ligament, and Muscle Correction.
- Describe difference between an underactive and overactive muscle correction application.
- Identify appropriate tension range for each corrective technique.
- Describe difference between ligament correction and tendon correction.
- List a condition that the Functional Correction would be used for.
- Plan an appropriate treatment strategy utilizing results of manual direction tests and screening assessments used to identify target tissues.
- Reassess tissue and function after application of tape and revise treatment strategy based on effectiveness of initial taping applications

Who Should Attend? PTs, OTs, ATCs, DCs, LACs, MTs, PTAs, OTAs and other medical practitioners. **THIS COURSE IS INTENDED FOR LICENSED HEALTH CARE PRACTITIONERS ONLY.** Students may attend if in last year of program, with approval from Kinesio Courses.

Cancellation & Refunds: Up to 30 days prior to KT1, refund of fee, less 20% administrative fee. After 30 days, no refund, but course fee may be applied to another course presented by Kinesio Tape Courses.

Enrollment: This course fills quickly. Early registration is highly encouraged.

**Contact for Registration:
Kinesio Tape Courses
1-937-875-0609
lrobinson@kinesiotapecourses.com
www.kinesiotapecourses.com
Mail registration to 1410 Barberrry Ct
Troy OH 45373
REGISTER ONLINE!**

KT 1 and 2 Registration TROY OH

Name: _____

Email: _____

Preferred ph #: _____

Preferred Mailing address: _____

City and State: _____

Zipcode: _____

Profession and License# : _____

Payment: Make Checks payable to Kinesio Tape Course. \$30 fee for insufficient funds

REGULAR \$499 after Aug 25, 2020
Early Bird \$475 through Aug 25, 2020
Group price 4+ call to confirm cost
Credit Card: Master Card Visa Discover

Name on Card: _____

Card # _____

Expiration Date: _____

CCV Code: _____ Billing Zip Code: _____

Mail to 1410 Barberrry Ct Troy OH 45373

**Kinesio Tape Courses
Presents:**

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